



Announcement

7. – 9. June 2025
(Pentecost)
Aarburg



Highlights



Urban 3-day orienteering meet with sprint, medium, and long distance

Results count for National City Orienteering Cup, McDonald's Cup, Wenger Fenster Cup

Easily accessible by public transportation

Camping site at the race center

Family friendly event

Family-O-Day on Saturday with various attractions

Organizer	OLK Wiggertal with OL Regio Olten
Datum	Saturday, June 7 – Monday, June 9, 2025
Race Director	Christoph Ruesch
Information	Website: www.3days.ch / E-Mail: info@3days.ch Marco Sievi, +41 (0)79 360 07 80
Race Center (WKZ)	Paradiesli Campus
Meeting Point	Information, changing rooms, showers, toilets, restaurant, campsite, first aid, orienteering shop, registration, Family-O-Day on Saturday.
By Public Transport	Railway Station Aarburg-Oftringen, 10' walk to WKZ Bus stop Aarburg Stadtgarten, 5' walk to WKZ
By Car	From Zurich and Bern via A1, Lucerne and Basel via A2, exit Rothrist; marked from the roundabouts after the exit. Parking about 300-600 meters north of the roundabouts on your left (follow the signs).
Camping	Camping: For tents, motorhomes, and caravans from Saturday noon to Monday afternoon on the SW side of the Paradiesli Campus. Motorhome/caravan CHF 60.00, large tent CHF 50.00, small tent CHF 35.00. Registration until May 26, 2025, at www.entry.picoevents.ch/AG.php . Afterwards, based on space available.

www.3days.ch

Alternative: Private Campsite Wiggerspitz Aarburg, 300 m from WKZ. No reservation possible.

www.camping-aarburg.ch.

Stage 1

Saturday, June 7, Sprint

Map: Oftringen, status 2025, 1:4,000.

WKZ open from 12:00 PM.

Open start times from 1:00 PM to 4:00 PM.

Walking distance to start: approx. 15 minutes.

Course design: Matthias Althaus / Beat Willmann. Terrain: Urban terrain, flat.



Stage 2

Sunday June 8, Middle Distance

Map: Aarburg South, status 2025, 1:4,000.

WKZ open from 9:00 AM.

Open start times from 10:00 AM to 1:00 PM.

Walking distance to start: approx. 5 minutes.

Course design: Christian Bertschi and Joschka Bertschi / Barbara Zinniker.

Terrain: Urban terrain, flat.



Stage 3

Monday, June 9, Long Distance with pursuit start.

Map: Aarburg North, status 2025, 1:4,000.

WKZ open from 8:30 AM.

Pursuit start according to start list, beginning at 9:30 AM.

All others with open start times from 9:30 AM to 12:00 PM.

Walking distance to start: approx. 10 minutes.

Course design: Eveline Husner / Lily Husner.

Terrain: Urban terrain. Medieval fortress and old town.

Forest sections on paths and trails. Hilly.



Scoring Method

Added times for the overall ranking. In the third stage, the pursuit start is according to the cumulative deficit of stages 1 and 2 (except D/H 10)

Start Lists:

Only for stage 3 (pursuit start) in the competitive categories (except D/H 10) for competitors with overall ranking. The start lists will be published on the evening of June 8, 2025, at www.o-l.ch and www.3days.ch and also posted at the race center. Open start times at stages 1 and 2 as well as for the remaining participants at stage 3.

Course Printing

Courses printed on maps at all stages and for all categories

Timing

At all stages with the electronic control system SPORTident (SPORTident Air+ enabled). SI-Cards (badges) can be rented at registration.

Age Groups for competitive runners	Women	D10 / D12 / D14 / D16 / D18 / DAK / DAM / DAL / DB D35 / D40 / D45 / D50 / D55 / D60 / D65 / D70 / D75 / D80
	Men	H10 / H12 / H14 / H16 / H18 / HAK / HAM / HAL / HB / H35 H40 / H45 / H50 / H55 / H60 / H65 / H70 / H75 / H80 / H85

Open Categories (Without overall ranking)	Open sCOOL (OS)	Easy beginner course with orientation aids for the born in 2011 and younger. Accompaniment by adults allowed
	Open short (OK)	Suitable for beginners and groups
	Open medium (OM)	For technically advanced participants and groups
	Open long (OL)	For technically advanced participants and groups
	Family (FAM)	simple course, at least 1 adult and 1 child

Entry Fees



	Saturday	Sunday	Monday
Born 2004 or earlier	20.-	20.-	20.-
Born 2005-2008	15.-	15.-	15.-
Born 2009 or later	10.-	10.-	10.-
FAM	24.- ¹	24.- ¹	24.-

Additional maps for teams: CHF 2.-

¹ On Saturday and Sunday, McDonald's offers a free entry for families upon presentation of the completed voucher. Vouchers are available at McDonald's restaurants throughout Kanton Aargau or can be downloaded via www.aolv.ch. Families who register online will be refunded the entry fee upon submission of the McDonald's voucher at the information desk.

Registration

entry.picoevents.ch/AG.php Registration/participation is also possible for individual stages.

Registration opens on March 1, 2025.

Registration Deadline

Monday, May 26, 2025

Late Registrations

As long as maps are available, online via entry.picoevents.ch/AG.php at least one day before the respective stage. Late registration fee (only for competitive categories): CHF 5.- per day.

Registration at the race center (open categories).

Registration at Race Center

	Registration	Start Window
Saturday	13:30 – 17:30	15:00 – 18:00
Sunday	08:30 – 12:30	10:00 – 13:00
Monday	08:30 – 11:00	09:30 – 12:00

Instructions

Detailed instructions will be available starting late May 2025 at www.3days.ch

Prizes:

Prizes for the top three overall winners in each competitive category.
No overall ranking in the open categories.

Childcare:

Childcare available. Please register by Sunday, June 1, 2025, with Gisela Frey (giselafrey@bluewin.ch) with the first and last names of the parents and children/children's date of birth/emergency number

Restaurants

Event restaurant with cold and hot cuisine. Breakfast (with registration), lunch, dinner (registration desired)

Families and Open Categories

Guidance and support offered to beginners all three days
Family-O-Day: On Saturday, June 7, 1:30 PM – 6:00 PM at the race center in Aarburg

Insurance

Responsibility of the participants, the organizer accepts no liability

Photos and Videos

By registering for and participating in the competition and/or entering the competition area (including WKZ), you accept the data protection declaration of OLK Wiggertal ([OLKW Datenschutzerklärung 20241115.pdf](#)) and you waive any claim to image and audio rights or compensation. For minors, who registered and are participating, the legal guardian's agreement is implied. Any photo, video, and audio recordings of this event may be published on the internet (websites, YouTube, Instagram, etc.) and in print media (newspapers, magazines, etc.).

January 9, 2025 / Changes expressly reserved.

Many thanks to our partners!

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**Aargauische
Kantonalbank**



Aargauer OL-Verband

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HOCHBAU. TIEFBAU. GIPSEREI.

UTA GRUPPE



SWISSLOS
Sportfonds Aargau