









Invitation

August, 5 - 7, 2022
Lenzburg/Leutwil



The most important details in brief

-  **Event center is the vocational school Lenzburg (Friday), schoolhouse Leutwil (Saturday/Sunday)**
-  **Easy access with public transport by regional bus from Lenzburg**
-  **Campsite for tents and caravans at the event center in Leutwil**
-  **Family friendly event**
-  **Family-O-Day on Saturday with various attractions**
-  **All 3 orienteering disciplines (Sprint, middle and long) in 3 different terrain types at one weekend**

Organisation	OLK Argus
Date	Friday, August 5, 2022 to Sunday, August 7, 2022
Event director	Oliver Grimm
Information	Website: www.3days.ch / E-Mail: info@3days.ch Susen Grimm, +41 (0)62 827 09 97
Competition center	Friday: BSL Lenzburg, 5700 Lenzburg Saturday / Sunday: Schoolhouse Leutwil, 5725 Leutwil
Camping	Information desk, changing rooms, showers, toilets, catering, campsite, sport shops, Registration open categories, Family-O-Day on Saturday Camping: for tents and vans, open from Friday 12am until Sunday placed directly nearby schoolhouse
Arrival by public transport	Stage 1: Train stop at Lenzburg, Walking time to event center approx. 25min Stage 2/3 and Camping: Bus station «Leutwil Dorfplatz», directly located at the event center. On Friday evening we offer a transport opportunity from Camping to the event center of the first stage in Lenzburg (and back) (Registration by Email to info@3days.ch)
Arrival by car	Stage 1 (Lenzburg): Parking at BSL Lenzburg Stage 2/3 (Leutwil): Marked from the entrance to Leutwil

www.3days.ch

Walking time to the event center 10 min

Stage 1

Friday, August 5, 2022, Sprint distance

Map: City of Lenzburg, fieldwork 2022, 1:4'000

Start times from 17:30 (according to start list)

Coursesetter: Eline Gemperle / Daniel Hotz

Terrain: City orienteering in historical part of Lenzburg as well as Adjacent quarters



Stage 2

Saturday, August 6, 2022, Middle distance

Map: Wampfle, fieldwork 2022, 1:10'000

Start times from 13:00 (according to start list)

Walk to the start approx. 25 min

Coursesetter: Patrik Bryner / Koni Wildi

Terrain: typical Swiss Midland forest with various degrees of runnability containing detailed terrain parts.



Stage 3

Sunday, August 7, 2022, Long distance with chasing start

Map: Homberg, feildwork 2022, 1:10'000

Start times from 10:00 (according to start list)

Walk to the start approx. 25 min

Coursesetter: Rico Hübscher / René Hitz

Terrain: Terrain: typical Swiss Midland forest with various degrees of runnability and quite steep slopes offering tricky route choices



Overall scoring

For the overall ranking the results will be summarized. Stage 3 will be carried out by chasing start resting on the results of stage 1 and 2.

Course printing

Printed courses on all stages and for all categories.

Categories Open, sCOOL and D / H 10 with printed route suggestion.

Timing

All stages are carried out with the electronic control system

SPORTident (SPORTident Air + activated) .

SI cards (badges) can be rented from the information desk on the running day.



Competition categories	Women	D10 / D12 / D14 / D16 / D18 / DAK / DAM / DAL / DB D35 / D40 / D45 / D50 / D55 / D60 / D65 / D70 / D75
	Men	H10 / H12 / H14 / H16 / H18 / HAK / HAM / HAL / HB H35 / H40 / H45 / H50 / H55 / H60 / H65 / H70 / H75 / H80

Open Categories	Open sCOOL (OS)	Easy beginner track with orientation aids. For children born 2008 and younger. Accompaniment by adults allowed
	Open short (OK)	Suitable for beginners and groups
	Open middle (OM)	for technically advanced users and groups
	Open long (OL)	for technically advanced users and groups
	She + He (S+E)	medium-difficult course
	Families (FAM)	easy course, at least 1 adult and 1 child

Entry fee		Friday	Saturday	Sunday	3 Days
	Born 2001 and older	24.-	24.-	24.-	70.-
	Born 2002-2005	16.-	16.-	16.-	45.-
	Born 2006 and younger	10.-	10.-	10.-	30.-
	S+E	24.-	24.-	24.-	-
	FAM	24.-*	24.-*	24.-*	-



Additional maps for teams: CHF 5.-

* on Friday and Saturday, Mc Donald's offers a free start for families. Present a filled in voucher on sign up. Vouchers are available in the McDonald's restaurants in the canton Aargau or you can it download on www.aolv.ch.

Families who have signed in online will receive their entry fees back upon delivery of their McDonalds voucher at the information desk.

Registration	Pre-registration for all categories starting at 16.5.2021 online on https://entry.picoevents.ch/ . It is also possible to register for individual stages. Registration is also possible at the competition center in all categories but without overall ranking. (entry fee: + Fr.3.-/stage)
---------------------	---

Registration deadline	Monday, July, 25, 2022
------------------------------	------------------------

Anmeldung Offener Kategorien		Registration	Start time window
	Friday	16:00 - 18:00	17:30 - 19:30
	Saturday	12:30 - 15:00	13:00 - 16:00
	Sunday	9:00 - 11:30	10:00 - 13:00

Final bulletin	Final bulletin will be available from end of July, 2022. See www.3days.ch
-----------------------	---

Start lists	Will be published from August, 1 st , 2022 under www.3days.ch and www.o-l.ch . D10, H10, all open categories get their start time directly at the start. On-site-registered competitors will get their start time at registration (relating on free slots)
--------------------	---

Prizes	Prizes for the top three in the overall ranking in each category No overall ranking in the open categories
---------------	---

Catering	Rich offer with cold and warm cuisine (breakfast, lunch, dinner)
-----------------	--

Child-Care	No child care. If you have wishes according to start times, let us know (info@3days.ch), we try to make it possible.
-------------------	---

Popular sport	Familien- und Open-Categories: each day with starting-assistance if needed Family-O-Day: On Saturday, August 6 2022, with various orienteering offers.
----------------------	---



Insurance

It's the responsibility of each participant to have sufficient insurance cover, the organizer rejects any liability.

Photos and videos

By registering, the person registering (in the case of minors, the legal guardian) agrees that the photos and videos of this event may be published in print and electronic media. Any objections must be sent to the organizer in writing by email at info@3days.ch.

Version: 07.06.2022 / content changes are possible



Schulthess Engineering GmbH



chestonag



automation



Thanks to our Gold- and Silver sponsors!