

Announcement



Aargau 3-days
orienteering competition
from August 10th–12th
Unterentfelden

Organiser	OLG Suhr & OLG Kölliken
Date	Friday, August 10 th , 2018 to Sunday, August 12 th , 2018
Event Director	Andrea Grüniger
Information	Website: www.3days.ch , Email: info@3days.ch Martin Haller, Rodungsweg 8c, CH-5032 Aarau Rohr Phone +41 (0)76 704 15 66



Event Center	School Unterentfelden, 5035 Unterentfelden Information, Changing Rooms, Showers, Restrooms, Catering, Camping, Day Nursery, Medical Service, Orienteering Shops, Registration
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Public Transportation	Train station: Unterentfelden Post (S14) Travel time from Aarau: 5 minutes. Connections every 15 to 30 minutes. 5-minute walk from the train station to the event center.
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Parking area	10-minute walk from the train station to the event center.
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Competition terrain	Stage 1: Urban terrain with low traffic. Detached houses, apartment buildings, playgrounds and school areas in exchange with good runnable forest terrain. A quick adaption of the running tactics is required. Stages 2/3: The gentle forest ridge dividing the Aaretal and the Suhrental is a typical forest of the Swiss Plateau. It is based by a dense path network and flat valleys on both side of the ridge. Good runability and visibility alternate with terrain with limited runability and visibility.
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Stage 1	Friday, August 10th, 2018 , Map Binzenhof from 2018, 1:5'000 Starting times according to start list from 5pm (sprint in urban and forest terrain) Walk to start: Approximately 15 minutes Course-setter: Reini Schenkel, Controller: Michi Röthlisberger
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Stage 2	Saturday, August 11th, 2018 , Map Dägermoos from autumn 2016, 1:10'000 Starting times according to start list from 12pm (long distance) Walk to start/finish: Approximately 15 minutes Course-setter: Christian Bieri, Controller: Dieter Eichenberger
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Stage 3	Sunday, August 12th, 2018 , Map Distelberg from autumn 2016, 1:10'000 Chase start starting from 9.30am (long distance) Walk to start/finish: Approximately 15 minutes Course-setter: Philippe Schenkel, Controller: Ismael Röthlisberger
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Organiser:



Competition Modus Overall ranking for all three days. The running time of the sprint on Friday is calculated twice. Chase start on Sunday with a starting time according to the deficit of the leader of each competition class.

School competition of Aargau (ASJM) Stage 1 (Friday) and Stage 2 (Saturday) count individually to the school competition of Aargau (McDonalds Cup)
Classes D/H 10 / -12 / -14 / -16 / -18 / -18K, Open sCOOL:
A registration for each stage individually is possible.

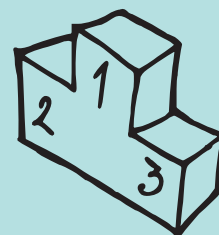
Printed Courses Printed courses on every stage
Open sCOOL and D/H 10: printed guidelines

Timing System SPORTident and SPORTident Air+ are used for all stages.
SI-Card can be rented for each stage. Fee: CHF 2.- / stage
No fee for D/H 10, sCOOL und and family classes

Classes **According to WO**
Women: D10 / D12 / D14 / D16 / D18 / D18K / DAK / DAL / DAM / DB / D35 / D40 / D45 / D50 / D55 / D60 / D65 / D70 / D75
Men: H10 / H12 / H14 / H16 / H18 / H18K / HAK / HAM / HAL / HB / H35 / H40 / H45 / H50 / H55 / H60 / H65 / H70 / H75 / H80
Open classes: OS (Open sCOOL): Beginners course including orienteering support for kids born in 2004 or later. Support by adults is allowed.
OK (Open short): Ideally for beginners and groups.
OM (Open middle) / OL (Open long): Advanced runners.
FAM (Family): Minimum 1 adult and minimum 1 child.

Sign-up fees Classes according to WO
1997 and older: CHF 24.- per stage
1998–2001: CHF 16.- per stage
2002 and younger: CHF 10.- per stage

Open classes according to the age of the runner:
1997 and older: CHF 25.- per stage
1998–2001: CHF 17.- per stage
2002 and younger: CHF 10.- per stage



Families: No fee on Saturday (Family O Day).
McDonald's is offering a free start on Friday and Sunday using the McDonald's voucher available in all McDonald's restaurants in Aargau. The voucher is also available through <http://www.aolv.ch> (without voucher: CHF 16.- per stage, including 1 map).

Registration For classes according to WO: Through GO2OL: www.go2ol.ch
A registration per stage is possible as well (in this case no entry to the overall ranking).
Open classes and family classes: Registration in the event center on the day of competition only.
Friday: 4pm – 6pm | Start: 5pm – 7pm
Saturday: 11am – 2pm | Start: 12pm – 3pm
Sunday: 8.30am – 11.30am | Start: 9.30am – 12.30pm



www.3days.ch

Accommodation

Camping: At the event center;
Friday, August 10th, 2018 to Sunday, August 12th, 2018

Small tent (1–3 people): CHF 35.–
Large tent (4 people and more): CHF 50.–
Motorhome: CHF 60.–

Registration through www.go2ol.ch
Additional accommodation: <https://www.aarauinfo.ch/ubernachten>



Closing date

Monday, 23rd July, 2018 (online payment)
Monday, 16th July 2018 (post or bank payment)

Late registration

As long as free berths are available, late registration for every class is possible. Before the event, please use nachmeldungen@3days.ch, during the event late registrations are accepted in the event center (additional fee CHF 5.– per stage).

Day Nursery

Available on all stages for children at 2 years or older (for details, please see race instructions).

Race Instructions

The detailed race instructions are available from July 1st, 2018 through www.3days.ch.

Start Lists

Will be published from August 5th, 2018 through www.3days.ch (or www.swiss-orienteing.ch).
No start list for D10 and H10 (Starting time are granted directly at the start).

Prizes

Prizes for the 3 best of each class in the overall ranking.

Catering

Rich catering with cold and warm dishes (breakfast, lunch, dinner).

Supporting program

- **Children's race** in the event center.
- On Saturday, August 11th, 2018 **Family O Day** with lots of attractions



- **Indoor and outdoor pool, minigolf, squash** in walking distance to event center
- **Surprise act** on Saturday evening

Insurance

Each competitor is racing at his/her own risk and is responsible to have adequate and personal insurance coverage. The organisers are declining any liability to the extent permitted by law for incidents occurring before, during or after the competition.

Special

With the registration, the registered runner (for underaged runners the person having parental authority) acknowledges that photos or videos of the event may be published through print media or through social media. Any concerns have to be addressed by email (info@3days.ch) to the organiser.

Sponsors:



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